# VIETNAM BY BIKE TEAM



"Be An Explorer Rather Than A Traveler"

# CYCLING HOLIDAY: BANGKOK TO SAIGON

14 DAYS / 13 NIGHTS

# **Overview**

Duration 14 DAYS / 13 NIGHTS Distance 840 KM Tour Code: VBBBKSG14G Guaranteed Departure 22-DEC-2023

Average Distance Per Day 50 km

Number of Cycling Days 11 days Countries: Thailand, Cambodia, Vietnam

Total Cycling Distance 840 kilometers

# **INSTRUCTION**

- This 14 days adventuring holiday takes in the best of 3 of Indochina's most exciting countries (excluding Laos and Myanmar). Setting-off this bicycle tour from Bangkok, you'll stop at Thailand's idyllic beaches, see the astonishing pagoda of Cambodia and discovering Mekong Delta in Vietnam by bike and boat, taking in floating markets and traditional countryside villages as you ride towards Ho Chi Minh City in Vietnam.

- In this Indochina biking trip 14 days will be joint in a small group size (min: 2 max: 10 people) and there will be an experienced English-speaking local guide who will really help you make the most of this tour. Suitable for regular cyclists, the longest day of this tour is 75km and the terrain is mostly flat, with a few hills in Thailand and rough tracks along the way between Cambodia and Mekong Delta Vietnam. The comfortable air-conditioned support vehicle is almost always on hand if you need a break along the parellel mainroad with your cycling backroads with our local expert guiding team. Experience the heart of this region, with numerous cultural and historical sites including Angkor Wat, Phnom Penh and Khao Yai National Park. Try distinctive cuisines with fresh seafood, vegetables and more, and experience the variation between local villagers and the energy of Asia's vibrant cities.
- As an optional pre-tour extension, why not arrive early to spend two extra nights in Bangkok. Taking an exhilirating guided ride through the night markets and temples on day one, then a tour of the backstreets and waterways by canal boat and bike on day two. On the third morning, you'll be collected from your
- 4\* city centre hotel to join the biking loops to the urban Kanchanaburi which is famous for Khao Yai National Park and natural waterfall Haew Narok.

# **FULL ITINERARY**



## DAY 1: BANGKOK/THAILAND ON ARRIVAL (D)

Thank you for your cycling holiday with Vietnam By Bike Travel! At 15pm today, we will transfer you to our outskirt bicycle store in Bangkok capital to fit your bicycle and get ready for this impressive Thailand by tuktuk and enjoy the Thai special foods on the Chao Praya River in the dinner restaurant where you can find the most beautiful atmosphere with our local guiding team. You then freely explore Bangkok nightlife!



- Transport: Airport pickup and transfer for dinner
- Tour guide(s)
- Tuktuk
- Nouvo City Hotel

### DAY 2: BANGKOK - SRI NARKON - BANGKOK (B, L)

- Greetings for our first challenging day in Bangkok and take a short hop across the Chao Phraya River to an extraordinary place known to locals as Bang Kra Jao. Crossing the river is like taking a journey back in time where we find a peaceful place with a maze of waterways, small villages, temples and real tropical jungle. If it wasn't for Bangkok's skyline, you would never believe you were so close to the city and there is no traffic!
- We ride through the local communities, temples and schools stopping for a snack at a river pier across from Thailand's naval academy. Next we visit a fascinating temple, built in the Ayutthaya period more than 250 years ago with a unique teak wood roof, windows and shutters painted in the

No cycling

4 star hotel

Dinner

35 km+

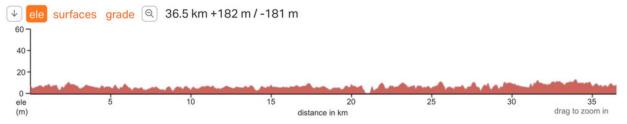
4 star hotel

Breakfast, Lunch

Flat

Easy

ancient Mon style. We cycle on to the relaxing Sri Narkon Park and enjoy lunch at a local restaurant before returning to the hotel for some downtime. Later this afternoon we'll see another side to Bangkok on our night ride, visiting a night market, the flower market and stopping for dinner along the way. Our total cycling distance today is approximately 35 kilometers. Overnight in Bangkok city!



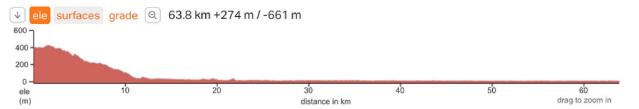
- Transport: carry the bikes & transfer the riders
- Biking tour guide(s)
- Mt.bicycle with helmet
- Drinking water, snack, fruit
- Nouvo City Hotel

#### DAY 3: BANGKOK - KHAO YAI - NAKHON NAYOK (B, L)

To experience the Khao Yai National Park with the impressive sight of Thailand's largest dam, Khun Dan Prakan Chon Dam, where we can enjoy panoramic views from the top. We'll drive for about 1.5 hours to Nakhon Nayok Province and then cycle to Haew Narok waterfall with three cascades and cool mountain waters that provide a refreshing swim break from the tropical heat depending on the season.

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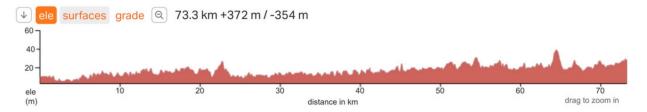
At the base of the falls are a few rustic restaurants where you can get some great authentic Thai food and a cool beer. We recommend you try the somtam (spicy papaya salad) with grilled chicken and sticky rice. We then have a short drive to our hotel for the night. Our total cycling distance today is approximately 60 kilometers.



- Transport: carry the bikes & transfer the riders
- Biking tour guide(s)
- Mt.bicycle with helmet
- Waterfalls entrance fee
- Drinking water, snack, fruit
- Phumontra Resort Nakhon Nayok

### DAY 4: NAKHON NAYOK - POIPET INTERNATIONAL BORDER (B, L)

Enjoy the breakfast before driving toward *Aranyaprathet*. We break up today's bus journey with short morning and afternoon rides past typical scenes of rural Thailand. We will cycle through villages and enjoy the relaxed pace of life in the countryside. Rong Kluea Market also known as Ban Khlong Luek Border Market. We can say this is one of Thailand's most frequented border markets. Once we have finished exploring the market we take a short drive to our hotel in Aranyaprathet and freshen up before dinner. Our total cycling distance today is approximately 50 kilometers. Truck, driver and support guide will get back to Bangkok in the evening. Overnight in Poipet Border Town!



- Transport: carry the bikes & transfer the riders
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water, snack, fruit
- The VELO'S Hotel & Pumptrack

60 km+
3 star resort
Breakfast, Lunch
10%/ +661 m
1.7%/-274 m

65 km+
4 star hotel
Breakfast, Lunch
at

at

Fully resting morning with breakfast and short transfer within 15 minutes to the Poipet International border. After completing the Cambodia visa formalities we say farewell to our Thailand main support team and meet our hosts for the rest of the trip. The drive will take us about 4 hours to get to Siem Reap, the gateway town for the incredible Khmer temples of Angkor. On the way, we will stop to visit the silk farm at Pourk to see the process of silk making from start to finish.

On arrival in Siem Reap, we will check into our hotel and have time to visit the temple of Bayon and the South Gate of Angkor Thom by bus for sunset. This evening will have a new welcome dinner with

our new ventured support team and free to explore the famous city of Wonder City. No cycling today!



- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Angkor complex ticket for 3 days
- Hillock Hotel & Spa

## DAY 6: EXPLORE THE GRAND ANGKOR COMPLEX (B, L)

Today we'll drive a short distance to Angkor Wat to collect our bikes which we will use for the rest of our trip, then set off to discover several of the ancient temple cities by bike. We cycle to the impressive Ta Prohm Temple, which remains in the clutches of the encroaching jungle. Here we spend time visiting the temple, before pedaling along small hidden trails to the ruins at Phimeanakas, the Elephant Terraces, the Bayon, Baphoun and Preah Khan.

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In the afternoon we'll visit magnificent Angkor Wat with its extraordinary architecture and basreliefs. At the end of the day we cycle back to our hotel. Our total cycling distance today is approximately 35 kilometers. 80% of today's riding is off road but not technical.



- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Angkor complex ticket for 3 days
- Hillock Hotel & Spa

### DAY 7: BEANTEY SREI & FLOATING VILLAGE - TONLE SAP - SIEM REAP (B, L)

Today we will leave the crowds behind on a cycle ride to the small village of Rolous where we visit the temples, before continuing to a local market. After a rest and time to explore the stalls we take a boat to the floating village of Kompong Phluk. Our ride through rural Cambodia offers plenty of opportunities to once more connect with local people. The fascinating village of Kompong Phluk is built on stilts in Tonle Sap Lake. Its residents live a communal lifestyle and you will see everything from floating pig pens to young children paddling around in what looks like a bowl selling souvenirs and singing songs.

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After our boat trip we enjoy a home hosted lunch where we can ask questions and learn about local cuisine as well as everyday life. In the afternoon we take our bus to visit Banteay Srey, where we collect our bikes again and cycle 25 kilometers to either East Mebon to enjoy watching the sunset,

No cycling

4 star hotel

Breakfast, Lunch

35 km+

4 star hotel

Breakfast, Lunch

Mostly at

Mostly at

56 km+

4 star hotel

Breakfast, Lunch

Mostly at

Mostly at

before either cycling or driving back to Siem Reap. Our total cycling distance today is approximately 56 kilometers.



- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Angkor complex ticket for 3 days
- Hillock Hotel & Spa

#### DAY 8: SIEM REAP - KAMPONG THOM (B, L)

Following your breakfast at the hotel, you will have a long bike ride though the villages of Kampong Thom. Explore local life on dirt track, through villages, charming temples where you may see the interesting traditional wedding of local people with many stops at with locals and their temples. After lunch, we get in the vehicle and go ahead to the hotel and arrive there in late afternoon. Overnight in Kampong Thom!



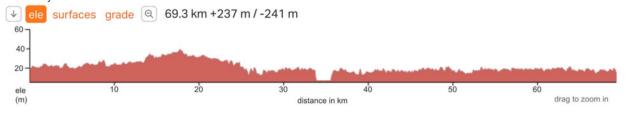
- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- · Drinking water
- Entrance fee
- Kampong Thom Royal Hotel

# DAY 9: KAMPONG THOM - PHNOM PENH (B, L)

Today We will have a long drive on the comfortable A/C vehicle about 3 hours in the morning to the crossing ferry to Tonlé Sap's island, the huge beautiful countryside will be open for your challenge. We tailor your 35km ride over the silk-worm village, including a visit to a local farm and taste tropical fruits. This is a good opportunity for you to purchase some nice little presents for family and friends back home.

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Afternoon, we get out of bustling Phnom Penh to take a motorized boat about 2 hours on Tonle Sap River, that provides you with picturesque view of Royal Palace, Skyline of Phnom Penh. Leisurely enjoy your relaxing sunset until our team picks you up for dinner & discover one more night by your own way.



- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Entrance fee
- Ohana Hotel

65 km+

4 star hotel

Breakfast, Lunch

Mostly at

Mostly at

No cycling

4 star hotel

Breakfast, Lunch

Mostly at

Mostly at

After breakfast. Transfer 15km out of the busy traffic in Phnom Penh. Begin to cycle to visit Ta Prohm and Yeary Pov temples (12 century). Take a break for water and snacks before heading to Phnom Chisor to visit the hilltop 11th century temple. Enjoy riding to the Teakeo with cycling through most temples during our cycling days and overlook the scenery of the countryside of Ta Mok's house, the former general commander, and pedal toward Tinh Bien for crossing to Vietnam. Overnight in Chau Doc after dinner after a short transfer by the Vietnam support team!



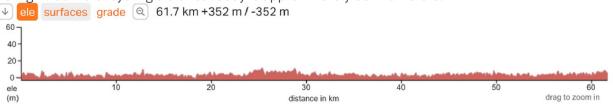
- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Entrance fee
- Chau Pho Hotel

## DAY 11: CHAU DOC - TRA SU FOREST - CAN THO (B, L)

We'll drive for about 30 km from Chau Doc town before starting today's ride. The journey takes us on flat terrain along the Vinh te Canal system which once marked the border between Vietnam and Cambodia.

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At Tra Su, you visit the forest by motorized boat with its many water hyacinths and water lilies. Our ride will continue to a lovely little town on the banks of the Hau Giang River where we will spend the night. Our total cycling distance today is approximately 50 kilometers.



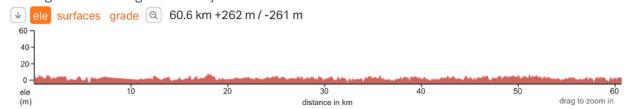
- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Entrance fee
- Ninh Kieu Riverside Hotel

## DAY 12: CAN THO - FLOATING MARKET - VINH LONG (B, L)

This morning we'll enjoy a boat ride to discover the bustling and vibrant floating market of Cai Rang – one of the last authentic floating markets in Indochina. We cruise further from the floating market into zig-zag canals around Can Tho to enjoy the tranquility and peaceful life along the river. Afterward, we'll mount our bike to continue our journey towards DongBinh into the lush green, jungle canopy and Khmer pagodas located in one of the most scenic areas in the Mekong Delta.

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After lunch, you will cycle in the surprise and delighted concrete paths when our group is greeted and welcomed by a local family where lunch will be served. This is an unforgettable experience and a great way to understand the Mekong Delta people while staying a local homestay on An Binh island. Overnight in Vinh Long's homestay!



- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Boat Trip
- Phuong Thao Vinh Long Homestay

60 km+

3 star hotel

Breakfast, Lunch

Mostly at

Mostly at

60 km+

4 star hotel

Breakfast, Lunch

Mostly at

Mostly at

55 km+

Homestay

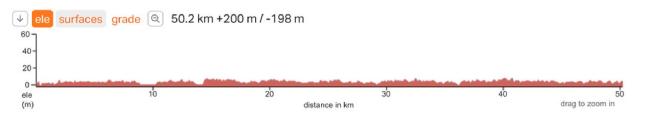
Breakfast, Lunch

Mostly at

Mostly at

# DAY 13: VINH LONG - CAI BE HANDICRAFT VILLAGE - SAIGON (B, L,D)

We'll enjoy our last ride today with a cycle around the beautiful island of An Binh. The island is littered with tropical fruit orchards and as well as admiring the color and variety of fruits we will also stop to sample produce along the way. We take leave from the bikes and travel by boat to Cai Be. Back on land we'll drive the final leg to Ho Chi Minh City, Vietnam's largest city and most vibrant. Our total cycling distance today is approximately 30 kilometers!



- Transport
- Tour guide(s)
- Mt.bicycle with helmet
- Drinking water
- Ferry & entrance fee
- Eden Saigon Star Hotel

# DAY 14: HCMC/SAIGON DEPARTURE (B)

Our cycling adventure comes to an end in Ho Chi Minh city today. We celebrate our success with one last breakfast together and be transferred to the airport with our support team.



- Transport
- Tour guide

Thank you and see you next adventure cycling holiday with Vietnam By bike Travel!

# **Tour Details**

## **Facts**

	l Cycling 840 km		Vietnam Cambodia Thailand
Total Cycling			
Distance Avg	50-80 km	Tour Meets	Bangkok
Distance/Day	150 km	Tour Ends	Saigon
Avg Climbing/Day	150 m	Fly In To	BKK Airport
		Fly Out Of	SGN Airport
		Group Size	2-10 Riders
		Minium Age	14

50 km+

4 star hotel

Breakfast, Lunch, Dinner

Mostly at

Mostly at

No cycling

N#A

**Breakfast** 

#### What's Included/Excluded

Comfortable A/C transport: Airport pickup/drop-off, carry

the bikes & riders

Accommodation: 9 nights at 4 star hotel, 3 nights at 3

star hotels/resorts, 1 night at homestay

Experienced biking guide in English speaking

Meal: 13 breakfasts, 12 lunches, 7 dinners

Mt. bicycle with helmet

Drinking water, snack, fruit...

All entrance fees: mentioned on each day of this itinerary

Thailand, Cambodia, Vietnam Visa

Any ight into Thailand and out of Vietnam

Travel insurance & Covid insurance

Personal expenses

Single supplement 680 USD

Tips

#### **Booking Info**

#### FREE BOOKING

If this is your favourite tour here's what you need to do to confirm your place with all departures are appear, you just select your best date you'd like to travel by clicking on "BOOK NOW" link. Once we receipt your inquiry, one of our member will send you the full proposal with the traveler's information in details, if you request for your solo traveler, we will let you know the tour is "available" to "Guaranteed to Departure" or "Standby" to wait for more traveler joining to go ahead with the minimum 2 people are reached. If the trip will be reconfirmed guaranteed to departure, you are free to book your flight, Visa (as this advice for Vietnam Visa if you need) and make all other travel arrangements. If you are unsure any thing about the tour status, please email us at Ops@vietnambybike.com or call (+84)888541515. You also provide us the extra information such as passport numbers, height, weight. If your child is under 16 years old, please note their birthdate in the message at the end of the booking form. All of the problems will be assisted via above hotline and general email.

## DEPOSIT

For less than 5 day tour to secure the service, we require deposit 100 USD/person & for Longer 5 days Tours to guarantee your place we require a 500 USD deposit, whichever is the greater. We also require that you take out travel insurance when you book your holiday. Besides covering you during your holiday it will also enable you to claim for any money that you have paid to us, including your deposit, should you have to cancel your trip.

#### **BALANCE**

Deposit must be paid 15 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights. Our confirmation will include personal details you provided us (including your flight information), visa application advice, a packing suggestion list and a detailed tour itinerary. It will also include a checklist to ensure you get everything ready for your holiday.

#### **CANCELLATION POLICY**

On the rare occasions when we, VietnamByBike, must cancel a trip, all payments received to date will be 100% refunded, which constitutes full settlement. There will be absolutely no deductions. If you, the client, must cancel your reservation, your cancellation fee will be determined according to when you cancel. For full details, please read our cancellation policy.

#### LOYALTY RIDERS CLUB

For those who have been on several long tours with us we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts can not be used in conjunction with any other offer. Note: Only tours of 5 days or more will be applicable for loyalty discount.

#### INTERNATIONAL FLIGHTS

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your travel insurance that you acquired when you booked your holiday.



# **Tour Photos**



# Pick Your Best Departure Date

Date	Availability	
26 August, 2023	AVAILABLE	ВООК
23 September, 2023	AVAILABLE	ВООК
24 October, 2023	AVAILABLE	ВООК
23 November, 2023	AVAILABLE	ВООК
22 December, 2023	AVAILABLE	ВООК
20 January, 2024	AVAILABLE	ВООК
19 February, 2024	AVAILABLE	ВООК
18 March, 2024	AVAILABLE	ВООК