



ITINERARY DESCRIPTION

Day 1: Saigon - My Tho - Ben Tre (L, D/Cycle 55 km/4 star resort)

Escape the city at 7h30-8h AM for an epic cycling 5 days starting in Mekong Delta. After a professional bike fitting, pedal through a patchwork of hidden vegetable farms and cross scenic river ferries into the lush "green belt" supplying Saigon. Breathe in the fragrance of aromatic herbs and marvel at vibrant dragon fruit orchards as you witness locals harvesting beans in sun-drenched fields.

Savor an authentic local lunch before choosing your afternoon: a spirited ride or a tranquil "hammock siesta" under the palms. As you enter Ben Tre—the Mekong's coconut heart—immerse yourself in vast plantations and taste the freshest tropical fruits. Your day concludes at a charming 3-star riverside homestay. Unwind with a refreshing dip in the pool before enjoying a curated dinner at the region's finest local restaurant.

Inclusion: Fully support van/bus, Biking guide(s), Mt. bike with helmet, Ben Tre Coconut homestay (or similar standard), Lunch, Dinner, Drinking water, snack, fruit, Ferry.

Day 2: Ben Tre - Tra Vinh - Can Tho (B, L/Cycle 60 km/ 4 star hotel)

Ben Tre - a peaceful riverside gem where authentic charm far outweighs nightlife. This is the Mekong Delta at its most serene. Today, we venture deep into Tra Vinh province, the vibrant cultural heartland of the Khmer people. Pedal past ornate, golden temples and stop at traditional thatch-roof houses to experience a rhythmic way of life unchanged by time.

From Tieu Can to Cau Ke, every mile reveals stunning architecture and local customs. Following a savory lunch and a brief transfer to Vinh Xuan, your adventure continues through the "Green Delta." We'll weave along serene canals, fragrant fruit orchards, and endless emerald rice paddies—breathtaking scenes rarely witnessed from a bus window.

We conclude our journey with a relaxing transfer to the bustling city of Can Tho for a well-deserved rest. This is more than a tour; it's an intimate invitation to discover the Mekong's hidden soul.

Inclusion: Fully support van/bus, Biking guide(s), Mountain bike with helmet, Ninh Kieu Riverside 4*Hotel (or similar standard), breakfast, Lunch, Drinking water, snack, fruit,

Day 3: Can Tho - Long Xuyen - Chau Doc (B, L/Cycle 60 km+/ 3 star hotel)

Anyone who has been to Can Tho and seen a busy floating market and will never forget it!

A boat ride will take you to the floating market before your biking starts. We cycle through Phong Dien' countryside, the area owns many small natural creeks across many villages. After a fruit stop at Phong Dien, we continue to pedal your bike on track by river, enjoy daily activities of local on rivers; grocery boats advertising plastic household goods, cargo boats selling sands for building, small fast boat bring pigs, ducks to local markets and many small ferries taking passengers to further side. We will stop for lunch in the town of Thoi Lai. Then we continue to hit the paths and ride toward Long Xuyen.



In the afternoon, you will cycle deeply into and bicycling on paths along man made canals as you race with local boats, and water taxi, cargo boats and sampan in the Tra Su cajuput forest. If time permits, you will enjoy the great sunset on the Sam Mountain on the western Chau Doc with some amazing pictures. Overnight in Chau Doc.

Inclusion: Fully support van/bus, breakfast, local lunch, cycling guide, Boat trip for Cai Rang floating Market, boat trip for Tra Su forest, Forest entrance fee, Mountain bike, helmet, drinking/mineral water, snack, fruit, ferry, Chau Pho hotel (or similar standard).

Day 4: Chau Doc - Cho Moi - Cao lanh (B, L, D/Cycle 60 km/3 star hotel)

Enjoy an hour motorized boat to catfish farms and floating villages before you discover the lowland of Chau Doc border town. You will mingle with children on bikes on rural roads through villages or houses on stilts. Ride on dirt track to Cho Moi, pedal past Hoa Hao where famous for the Local Buddhism holy land and this is a chance to explore the family incense workshops.

The afternoon cycle ride to the Monastery, which was built 120 years ago by the French. The first monastery building site was established in 1874 in Indochina. We will continue to explore many islets and end up at Cao Lanh. Overnight at Sao Mai 3 star hotel.

Inclusion: Fully support van/bus, breakfast, local lunch, dinner, cycling guide, cycling distance 60 km, Mountain bike, helmet, drinking/mineral water, snack, fruit, ferry, Sao Mai 3 star hotel (or similar standard).

Day 5: Cao Lanh - Sa Dec Flower Village - Xeo Quyt Base - Saigon (B, L/ Cycle 47 Km+)

Today is another delightful cycling adventure day to cycle through the Sa Dec flower village. Your experienced guide will accompany you, stopping along the way to provide insights into the vibrant flower farms that dot the landscape. As you pedal through the winding single-track paths, you'll be immersed in the beauty and tranquility of the surrounding countryside in Sa Dec Town.

Next after the ferry, you'll continue your ride to the historic Xeo Quyt base, where you'll enjoy a local lunch prepared with fresh, seasonal ingredients. This stop allows you to explore the rich cultural heritage of the region and gain a deeper understanding of the local way of life.

After your culinary experience, you'll have the opportunity to further discover the historic significance of the Xeo Quyt base, a site that played a crucial Viet Cong role in the region's past. As the day draws to a close, you'll be transferred back to Saigon, where your tour will conclude at your pre-booked accommodation, typically between 5 and 6 PM.

Inclusion: Fully support van/bus, breakfast, local lunch, Sa Dec, Xeo Quyt entrance fee, sampan boat trip, cycling guide, cycling distance 47 km, Mountain bike, helmet, drinking/mineral water, snack, fruit, ferry.



Included

- Fully support van/bus: carry bikes, luggages & transfer the riders
- Biking guide(s): English speaking
- Accommodation: 4 nights with the shared double or twin room/night
- Mt. bicycle with helmet (Trek Marlin 5-2022 or similar standard)
- Drinking water, snack, fruit
- Boat trip for the floating market of Cai Rang
- Boat trip in the Tra Su Cajuput forest
- Motorized boat in the forest of Tra Su
- Xeo Quyt entrance fee
- Sampan boat in Xeo Quyt Base
- Ferry, entrance fees are mentioned on each day

Excluded

- Vietnam visa
- Personal expenses: souvenir, laundry, phone, etc..
- Any domestic or international flight
- Travel insurance
- Tips/gratuities will be welcomed





VIETNAM BY BIKE

